



# IMS ENGINEERING COLLEGE, GHAZIABAD

(Affiliated to Dr. A.P.J. Abdul Kalam Technical University, Lucknow, Uttar Pradesh & Approved by AICTE, New Delhi)

NH-09, Adhyatmik Nagar, Near Dasna, Distt: Ghaziabad, Uttar Pradesh Website: <https://www.imsec.ac.in>

## SUPPORTING DOCUMENTS NAAC AQAR: 2020-21

<b>7.1.9</b>	<p><i>Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens:</i></p> <p><b>Attachment:</b> <i>Details of activities conducted</i></p>
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## IMS Engineering College Ghaziabad

### Details of activities that inculcate values; necessary to render students into responsible citizens

1. A team-based activity was organised to develop a sense of belongingness, care and cooperation among the employees on 24 Feb 2021. As we know, happiness all around and gives positivity to work hard as a team. Having this in mind faculties and staff participated in the different team building activities organised by happiness committee with full zeal. (24 February 2021)





2. Health is wealth and wealth is happiness. A healthy person can contribute in the development of economy as well as become a good citizen. Hence it is very important to maintain the balance between health and wealth. So, the Happiness committee organized a special lecture on 13th Feb 2021 at C- Block Auditorium on the topic "Balance between body, mind and soul". Lecture included insights on meditation which is a powerful way to release stress and to keep us happy & healthy. This program was attended by faculty and staff members of IMSEC and highly appreciated by all. The lecture was delivered by Ms. C. Pushpanajli, Assistant Professor, CSE. (13 Feb 2021)



# HEALTH IS SWEET, LIFE IS A TREAT

Health is sweet, Life is a treat.

## Harmful Effects Of Junk Food

### Intellectual & Mental Disturbances

- Concentration
- Stress
- Irritability
- Depression





### 3. Constitution of Happiness committee



## IMS ENGINEERING COLLEGE, GHAZIABAD

### OFFICE ORDER

Ref. No.: DIR/JAN/2021/432

Date: 09.01.2021

Happiness Committee has been constituted with following members:

- i) Dean (Student Welfare) Ex-officio
- ii) Dr. Pankul Goel, Associate Professor, ME
- iii) Mr. Pravesh Chandra Srivastava, Asstt. Professor, AS&H Secretary Member
- iv) Dr. Santosh Kumar Mishra, Asstt. Professor, BT
- v) Dr. Meenu Baliyan, Asstt. Professor, MBA
- vi) Mr. Jaya Nidhi Vashistha, Asstt. Professor, EC
- vii) Mr. Ravi Shanker Pal, Asstt. Professor, IT
- viii) Ms. C. Pushpanjali Patel, Asstt. Professor, CSE

1. This Committee shall ensure that positive message is inserted in  
WhatsApp Group  
LinkedIn Group  
Facebook Group

on behalf of IMS Family. Mr. Amit Kumar, System Admin is requested to give a pop-up facility on IMS Website to this Committee for these messages.

2. Committee shall design stress-buster in art forms for students, faculty, and staff members.
3. Meet students who are referred to this Committee by Mentors to generate positive vibes among them.
4. Propose new methods for better connect among all stake holders of IMSEC family members.
5. Plan and organize Saturday activities in consultation with other stake holders (faculty, staff and students).
6. **This is an important Committee and all IMSEC family members are requested to cooperate and help this Committee to spread smile on all lips. Dean (AS&H), Dean (Academic) and HODs and other functionaries may take the help of this Committee to improve the working environment in the department or institution.**

*Prabhu*

(Director)

CC: Dean (AS&H), All HODs, All Faculty Members. *Staff members*  
All students through student Coordinators  
System Administrator.

*HR:* *Personal file of Committee members*